



1st September 2015

Rosyth Business Centre

“THE NETWORKS APPROACH” **TRAINING**

The Rock Trust is offering a development opportunity - Networks Approach Training. This is a full day of training aimed at professionals and volunteers who support individuals experiencing isolation, loneliness and vulnerability due to a lack of positive relationships in their lives.

Aim Of Training

The training will look at the importance of supportive relationships in allowing individuals to make positive steps forward, how they can develop positive relationships and improve social skills. The training will also discuss ways for your service to imbed support networks into you practice.

Learning Outcomes

Participants will be able to:

- Describe how a Networks Approach promotes best value across services.
- Identify how Resilience, Transitions & Relationships impact on the individuals using your service.
- Apply a Networks Approach to support service users to explore their Support Network, improve skills & increase opportunities to develop supportive relationships.
- Consider how services can embed a Networks Approach in order to improve outcomes for individuals and gain the best possible social return on their investment, as well as CPD.

“Over the past year 90% of trainees have stated that they will implement the key elements of the training into their practice”

When: Tuesday 1st September, 9:30-4pm, Rosyth Business Centre, KY11 2WX

Booking: The cost is £65 per delegate. Group bookings reduced rate. For further information or to book please email training@rocktrust.org or telephone 0131 557 4059